

**AGENDA ITEM**  
**REPORT TO HEALTH AND WELL BEING BOARD**  
**26 FEBRUARY 2020**  
**REPORT OF DIRECTOR OF CHILDREN'S SERVICES**

**HEALTHY SCHOOLS' PROGRAMME**

**SUMMARY**

This report outlines the proposed approach to the development of a healthy Schools Programme, one of the key priorities identified by the Board. It suggests a methodology and a model, and outlines how this would be developed through a pilot phase, with wider rollout.

**RECOMMENDATIONS**

The Board is requested to note and comment on the proposal

**CONTEXT**

1. The development of a focus on Healthy Schools is one of the identified priorities for the Health and Wellbeing Board.
2. A working group of Children's Services and Public Health has been developing proposals for a programme, the outline of which is presented below.

**CONSIDERATIONS**

3. In developing the proposal, the working group has focused on the following key requirements:
  - a. The programme must be available to all schools, though it will be a voluntary programme
  - b. It should be offered free to schools i.e. it should not require them to buy into a service or programme, though some of the support to progress through the standards could be offered at a charge
  - c. The need to be distinctive from other versions of healthy schools programmes which have struggled with sustainability as they were linked to specific short term funding
  - d. The need for any initiative to be well networked and linked to the many other requirements for schools
  - e. The need for a programme to support schools with Ofsted inspection requirements

**PROPOSAL**

4. The proposed approach is to develop a programme based on a whole school approach to health and wellbeing, as outlined in Annex 1.

5. This approach will be tested on a number of schools who have expressed an interest in being involved.
6. The proposal is that a programme would focus on 4 key and inter-linked areas:
  - a. Nutrition
  - b. Physical activity
  - c. Emotional health and wellbeing
  - d. Resilience
7. There would be a number of specific areas of focus in the development of a whole school approach, including: leadership, pupil voice, school environment, curriculum etc by which these theses can be tackled and integrated. Schools would be able to access support and resources for each theme to enable them to evidence their progress.
8. It is envisaged that a form of accreditation would be used eg gold / silver / bronze similar to other existing programmes.
9. This pilot is different from previous Healthy Schools Programmes because:
  - It provides a bespoke offer to schools aligned to precise needs of their communities
  - It offers a coherent multi-agency approach co-ordinated across services
  - It is highly aspirational: schools self-evaluate against aspirational criteria
  - It provides support to implement evidence-based action to yield greater impact
10. A three month pilot is proposed to test out the framework and the best way to coordinate multi-agency support to schools.
11. The proposed process is:
  - Identify pilot schools. A number of schools have expressed an interest in being involved in the pilot phase, even without a detailed proposal to consider. This includes a good mix of primary, secondary and special schools;
  - Launch pilot testing phase;
  - Partnership Steering Group ensure progress maintained
  - Evaluation of impact
  - Dissemination of effective practice
  - Evaluation of the process
12. The pilot offer (phase 1)
  - Pilot schools self-evaluate against Health and Well-being Framework Resource Criteria
  - Consultation takes place with Relationships and Health Co-ordinator
  - Next steps identified
  - Multi-agency support identified to secure next steps
  - Action plan designed
  - Support provided to access identified multi agency support – Team Around the School approach
  - Action plan implemented

- Evaluation of impact from baseline secured

### **NEXT STEPS**

13. Subject to the outcomes of the pilot phase, the next steps would be to develop the resource and framework further for wider implementation.
14. The intention would be to roll out the framework offer to all schools over a 3 year period.

### **FINANCIAL IMPLICATIONS**

15. At this stage it is envisaged that the pilot phase can be delivered within existing resources. However, additional funding would be required to support the rollout of a programme to all schools.

### **LEGAL IMPLICATIONS**

16. There are no legal implications arising from this proposal

### **RISK ASSESSMENT**

17. Risks would be managed within existing controls. The key issue is that the scheme would not be able to achieve significant take up by schools. The development of the programme as a

### **CONSULTATION**

18. A small number of school shave been consulted in this development phase. Should the Board agree the basis of the proposal then further engagement will be undertaken

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ANNEX 1 – WHOLE SCHOOL APPROACH TO HEALTHY SCHOOLS

